



The Organised You
TAKE BACK YOUR LIFE

BEACH BAG CHECKLIST

A HANDY PACKING CHECKLIST TO HELP YOU
PREPARE FOR A BEACH TRIP



jo@theorganisedyou.com
www.theorganisedyou.com

Beach bag checklist (with kids)

- Towels
- Bathers / underwear
- Spare nappies/swim nappies
- Sunscreen
- Hats
- Sunglasses
- Water bottles
- Snacks / lunch
- Spoons and small containers for food
- Lip balm with SPF
- Tissues
- Wipes
- Plastic bag/s
- Sunglasses
- Beach-toys
- Book / magazine
- Umbrella / beach tent

Beach bag checklist

- Towels
- Bathers / underwear
- Sunscreen
- Hats
- Sunglasses
- Water bottles
- Snacks / lunch
- Lip balm with SPF
- Tissues
- Wipes
- Plastic bag/s
- Sunglasses
- Book / magazine
- Umbrella / beach tent

Want to be more productive and efficient each and every day?
Want to create more *calm and order* in your life?

Check out The Productivity Pack:

<https://courses.theorganisedyou.com/p/productivity-pack>

For only \$7, the Productivity Pack will help you to stay on top of your to-do's, set goals, plan your time and create routines, all in one place!